

12th Grade Developmental Guide

What's Going on With My 12th Grader?

Congratulations! You have a 12th grader! It is time to finish strong in the adolescent journey. In order to do that, let's take a look inside the mind and heart of your 12th grader.

PHYSICAL DEVELOPMENT

- ◆ They have fully developed physically into their adult bodies.
- ◆ Stress is a very real physical struggle as they work, perform in school, and prepare for the future.

EMOTIONAL DEVELOPMENT

The 12th grader may:

- ◆ Begin to be very sentimental as they anticipate life change
- ◆ Experience calmer moods than in previous years
- ◆ Exhibit impulsive behavior with friends and peers
- ◆ Be more capable of taking care of others

RELATIONAL DEVELOPMENT

- ◆ Friends that share beliefs, values, and interests are sought.
- ◆ Relationships with parents is more of a support system.
- ◆ They begin to feel freedom to express themselves as individuals.

SPIRITUAL DEVELOPMENT

- ◆ They can handle the responsibility of most service positions in the church.
- ◆ They have a greater interest in serving others and in making a difference in the world.
- ◆ Role models are developed that inspire them either toward or away from faith.
- ◆ There is a temptation to “have their fun now” and be responsible later.