

# 2nd Grade Developmental Guide

## *What's Going on With My 2nd Grader?*

The 2<sup>nd</sup> Grade year is a year where kids are more open to taking on challenges and learning how to express themselves better.

### **PHYSICAL DEVELOPMENT**

- ♦ Building strength and developing healthy bodies through regular physical activity.
- ♦ Gross motor and fine motor skills almost fully developed; play focused more on throwing, catching and hitting balls.
- ♦ Sleep priority is key at this age, due to the increase in school work and involvement in outside activities such as sports, academic clubs, etc.

### **EMOTIONAL DEVELOPMENT**

**The 2nd Grader may:**

- ♦ Still learning to accurately identify feelings and what drives behaviors.
- ♦ Ability to set and work towards goals
- ♦ Ability to stick to routine and scheduling.
- ♦ Distinguishing between subtle emotions and evaluate their causes and consequences.

## RELATIONAL DEVELOPMENT

- ◆ Learning how to communicate their needs and emotions verbally.
- ◆ Identifying how others are feeling based on facial expressions and body language.
- ◆ Sensitive to others feelings and respond well to group interactions.
- ◆ Skilled at saying comments that are hurtful or harsh without realizing their impact.
- ◆ Strengthening ability to make friends and be a part of a productive community.

## SPIRITUAL DEVELOPMENT

- ◆ Beginning to understand the concept of prayer; that prayers are not “wishes”.
- ◆ Struggles with understanding justice and obedience.
- ◆ Building a spiritual foundation and memorizing Biblical doctrines.
- ◆ Fully understanding who Jesus is and His sacrifice for us.